

Return to Work

Dear Hillsborough Township Employers:

Thank you for all that you are doing to ensure your employees are well and not at risk of spreading COVID-19 to others at the workplace. We truly appreciate all your efforts to modify your businesses and everyday lives to reduce the risk of spreading COVID-19 and to save lives.

In an effort to support workplace safety and economic recovery we want to remind you that employees who had COVID-19 are considered no longer contagious and may therefore return to work if:

- it has been 10 days since their symptoms started AND**
- their symptoms have improved AND**
- it has been at least 24 hours since they have had a fever without the use of fever reducing medication**

If the employee never had symptoms and tested positive for the COVID-19 virus, they are considered no longer contagious and can return to work 10 days after their positive test (**exception: critical infrastructure**).

Both the CDC and the Hillsborough Township Health Department confirm that:

Employers are not required to request a medical note for clearance to return to work or a negative COVID-19 test results from employees who were diagnosed with COVID-19 before allowing employees to return to work. Requesting employees to provide a medical note or proof of negative COVID-19 virus tests after they have been diagnosed creates a backlog on the healthcare and public health system, is unnecessary, delays return to work, delays laboratory reporting, and causes strain on testing availability for others who need to be tested.

Your employees who had COVID-19 may print this letter out to serve the purpose of:

Showing proof that they can return to work as long as they check all three boxes above.

Please refer to the following resources for more details:

- General CDC guidance for employers: www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

Thank you for all that you do to keep our community healthy,

The Hillsborough Township Health Department